FORM 6-K



SECURITIES AND EXCHANGE COMMISSION Washington, D.C 20549

Report of Foreign Issuer

Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934 P. = 7/31/02

For the month of July 2002

COLT TELECOM GROUP plc

(Translation of Registrant's Name into English)

15 Marylebone Road London NW1 5JD England PROCESSED AUG 2 1 2002 P THOMSON FINANCIAL

(Address of Principal Executive Offices)

(Indicate by check mark whether the Registrant files or will file annual reports under cover of Form 20-F or Form 40-F.)

Form 20-F X Form 40-F ____

(Indicate by check mark whether the Registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934)

Yes ___ No <u>X</u>

(If "Yes" is marked, indicate below the file number assigned to the Registrant in connection with Rule 12g3-2(b): 82-_____)



This Form 6-K shall be deemed to be incorporated by reference in the Registrant's Registration Statement on Form F-3 (Reg. No.333-05972), in the Registrant's Registration Statement on Form S-8 (Reg. No.333-8362), in the Registrant's

Enclosure:

Press Release dated 12th July 2002

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this Current Report on Form-6K to be signed on its behalf by undersigned, thereunto duly authorized.

Date:

12th July 2002

COLT Telegom Group plc

Mark A. Jenkins

Legal Services Director

SCHEDULE 5 BLOCK LISTING SIX MONTHLY RETURN

To:

Listing Applications **UK** Listing Authority

Financial Services Authority 25, The North Colonnade

Canary Wharf London, E14 5HS

AVS: 542561 RNS: 5729Y

Please ensure the entries on this return are typed

- 1. Name of Company: COLT Telecom Group plc
- 2. Name of Scheme: FITEC SA
- Period of Return: 3.

From: 29 December 2001 to 27 June 2002

- Number and class of share(s) (amount of stock/debt security) not issued under 4. scheme: 896,872
- 5. Number of Shares issued/allotted under scheme during period: Nil
- 6. Balance under scheme not yet issued/allotted at end of period: 896,872
- 7. Number and class of share(s) (amount of stock/debt securities) originally listed and the date of admission:

2,415,664 Ordinary Shares of 2.5p each listed on 28 June 2001

Please confirm total number of shares in issue at the end of the period in order for us to update our records.

1,507,400,979

Contact for queries:

Address: COLT Telecom Group plc

Name:

Mark A. Jenkins

15 Marylebone Road

Telephone:

0207 390 3676

London NW1 5JD

Person making return

Name:

Mark A. Jenkins, Company Secretary